

12/17/2020

Good Afternoon, LHS Families,

Happy Thursday!!! Going into Winter Break I want to thank all of our community for the support and flexibility this fall semester. I wish all of you the very best this holiday season! I have asked all of our teachers to limit expectations over break to allow families to enjoy this holiday season. I know that some teachers are offering opportunities to recover grades in some classes, but please make sure to take time and enjoy the holidays. If you have any questions about assignments over the break please reach out to the teacher so there are no miscommunications. Please remember that after Friday (12/18) there may be a delay in those responses as I have strongly encourage our teachers to enjoy their break as well.

Again, thank you all so very much for everything you do for your kids and to support Laramie High School!

**From the Nurses Office**

Happy holidays everyone,

We wanted to let you know that we will be available for COVID concerns during the winter break. We ask that you e-mail us because we will not have access to voicemail.

If there is a positive COVID test in the household or someone in the household has a known close contact exposure to a COVID positive person, please e-mail the school nurse for guidance before returning to school. Please provide the following information in your e-mail: date of test, date symptoms started, last day of close contact with the positive person.

Our e-mails addresses are:

Kirsten: [kquillinan@acsd1.org](mailto:kquillinan@acsd1.org)

Bess: [bwoodhouse@acsd1.org](mailto:bwoodhouse@acsd1.org)

One way to get in front of the negative result vs. the 10-day quarantine could be to order one of the free tests available through the Wyoming Department of Health. By using this [Free COVID Test Kit](#), you can have a free test mailed to your home and have it on "standby" in case you need it. This way, instead of having to wait for one to be mailed or to get into a medical facility, where the turnaround results could be several days, you could have results within 48 hours. This would be if you wanted to avoid the 10-day quarantine and return sooner rather than later.

### ***Fridays & 4 day In-Person Opportunities at LHS***

We continue to have a lot of students show up for additional support Friday mornings at LHS from 7:55am to 11:25am. This time is specifically designed to help support LHS Students.

If you are interested in more opportunities or support for your child ***please contact the LHS Counseling Department at 721-4488 for more information***

### ***From the LHS Counselors***

- Your school counselors want to meet with you! Please send your school counselor an email if you'd like to set up a time to meet in person or over Zoom on one of your virtual days or Fridays.
- Follow Laramie High School Counseling on Facebook, Instagram & YouTube for regular announcements and information and even some occasional entertainment.
- The Counseling Page on the LHS website is full of good information, please check it out!

### ***Up-Coming Schedule***

#### ***Week of January 18<sup>th</sup> (First week of second semester)***

Monday	Tuesday	Wednesday	Thursday	Friday
Off	Off	A Day	B Day	I&E

#### ***Week of February 15<sup>th</sup> (Presidents Day Holiday)***

Monday	Tuesday	Wednesday	Thursday	Friday
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Off Day	B Day	A Day	B Day	A

### ***Reminder: LHS Website:***

We are keeping the LHS website up to date with all of our information as we get it. This includes updates to activities. You can print off the current Fall Activities schedules for the programs that have finalized schedules, and you can sign up as an observer for your child(ren). Directions to sign up can be found on the LHS website. Below is the address to

the LHS website: <https://www.acsd1.org/lhs/>. It is another active weekend for LHS sports and activities.

If you ever need anything please feel free to reach out to any of the LHS Administrative Team:

Principal: Jeff Lewis – [JLewis@acsd1.org](mailto:JLewis@acsd1.org)

Asst Principal: 10<sup>th</sup> & 11<sup>th</sup> Grade - Jeff Stender - [JStender@acsd1.org](mailto:JStender@acsd1.org)

Asst Principal 9<sup>th</sup> & 10<sup>th</sup> Grade - Brady Humphrey – [BHumphrey@acsd1.org](mailto:BHumphrey@acsd1.org)

Asst Principal Jeremy Qualls – 12<sup>th</sup> Grade – [JQualls@acsd1.org](mailto:JQualls@acsd1.org)

Activities Coordinator Ron Wagner – [RWagner@acsd1.org](mailto:RWagner@acsd1.org)

Have a great, restful and joyous Winter Break!!

***Jeffery D Lewis***

***Principal***

***Laramie High School***

