



ACSD 1 COVID-19 DECISION GUIDE

COVID-19 SYMPTOMS

CHILDREN AND STAFF who have symptoms consistent with COVID-19, should be sent home or not allowed to enter. The exclusion criteria in this document should be used to determine when they may return.

Symptoms of COVID-19 include: new onset cough or shortness of breath or fever (100.4 or higher) by themselves OR at least 2 of the following: chills, muscle pain, sore throat, loss of sense of smell or taste, and gastrointestinal symptoms of diarrhea, vomiting, or nausea.

If a person has a new symptom (for example, new loss of smell only) with no other diagnosis to explain it, they should stay home and talk to their health care provider about testing for COVID-19, even if it is the only symptom they are experiencing.

LABORATORY COVID-19 TEST WITH RESULTS

Persons who are tested for COVID-19 should self-isolate **until test results are obtained**. WDH or local health departments will contact persons with confirmed COVID-19 for an interview, to identify close contacts, and provide isolation recommendations.

Persons with symptoms of SARS-CoV2 and a positive result, will be instructed to isolate themselves in a private residence at least 10 days have passed since symptoms first appeared, AND until at least 1 day (24 hours) have passed since resolution of fever without the use of fever-reducing medications AND improvement in respiratory symptoms (e.g., cough, shortness of breath). **Household and close contacts of symptomatic persons** should strictly quarantine themselves for 14 days after the last contact with the symptomatic person or 14 days after incorporating precautions within the home.

Asymptomatic persons with a SARS-CoV-2 positive result, should isolate themselves in a private residence until at least 10 days have passed since the date of their first positive COVID-19 diagnostic test if they have had no subsequent illness. For 3 days following discontinuation of isolation, they should continue to limit contact (stay 6 feet away from others) and limit the potential of dispersal of respiratory secretions by wearing a barrier (a bandana, scarf, or cloth mask) covering their nose and mouth whenever they are in settings where other people are present (community settings). **Household members and close contacts of asymptomatic persons** should strictly quarantine themselves for 14 days since last contact with the asymptomatic patient or 14 days after incorporating precautions within the home.

COVID SYMPTOMS OR DIAGNOSIS WITHOUT COVID-19 TEST

Persons with symptoms compatible with COVID-19 who are not tested should isolate themselves until at least 10 days have passed since symptoms first appeared AND at least 1 day (24 hours) have passed since resolution of fever without the use of fever-reducing medications AND improvement in respiratory symptoms (e.g., cough, shortness of breath). **Household contacts of these persons** should be asked to limit their public activities as much as possible for 14 days after incorporating precautions in the home, to monitor for symptoms, and to isolate themselves should symptoms develop.

If household contacts are required to go to work, they should be asked to monitor their symptoms at least daily and to leave work immediately if symptoms develop.

OTHER DIAGNOSIS OR PREEXISTING CONDITIONS

For people with other diagnoses (e.g., norovirus, strep throat) that explain the symptoms, or when a health care provider says symptoms are connected to a **pre-existing condition** Stay home until symptoms have improved. Follow specific return guidance from the health care provider or follow the *Infectious Diseases in Childcare Settings and Schools Manual*.

If symptoms related to a pre-existing condition change or worsen, talk to a health care provider to determine next steps. **Siblings and household members** do not need to stay home.

BASED ON GUIDELINES FROM THE WYOMING DEPARTMENT OF HEALTH https://health.wyo.gov/wp-content/uploads/2020/06/Coronavirus_Disease_2019_HAN_11_6.22.20.pdf

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