

# Albany County School District Middle School

## May 27th - May 31st 2019

Our menus are aligned with the USDAs Healthier U.S. School Challenge. Menu is subject to change.



Fruits & Vegetables offered daily with lunch choices.

A variety of fruits & vegetables are offered, including locally grown produce when in season. Low fat or fat free milk & 100% juice included with all meals.

LUNCH PRICES: MS Reduced: \$.40, MS Full Pay: \$ 2.90, Adult Lunch: \$ 3.90

### A Variety of Favorites

**V** Daily made-to-order chicken, beef, bean & cheese options with assorted toppings



**MONDAY** Memorial Day  
**TUESDAY** Chef's Choice  
**WEDNESDAY** Chef's Choice  
**THURSDAY** Chef's Choice  
**FRIDAY** Last Day of School  
 No Lunch

### Made-to-Order Deli Sandwiches

**V** A variety of bread, meat & cheese options with assorted vegetable toppings & condiments



**MONDAY** Memorial Day  
**TUESDAY** Chef's Choice  
**WEDNESDAY** Chef's Choice  
**THURSDAY** Chef's Choice  
**FRIDAY** Last Day of School  
 No Lunch Service

### Burgers & Grill

Burgers, grilled cheese & chicken sandwiches with fries offered daily



**MONDAY** Memorial Day  
**TUESDAY** Chef's Choice  
**WEDNESDAY** Chef's Choice  
**THURSDAY** Chef's Choice  
**FRIDAY** Last Day of School  
 No Lunch Service

### Pizza, Flatbread & Stromboli

Cheese & pepperoni pizzas and Caesar salad offered daily



**MONDAY** Memorial Day  
**TUESDAY** Chef's Choice  
**WEDNESDAY** Chef's Choice  
**THURSDAY** Chef's Choice  
**FRIDAY** Last Day of School  
 No Lunch Service

### Made-to-Order Mexican

Daily made-to-order chicken, beef, bean & cheese options with assorted toppings



**MONDAY** Memorial Day  
**TUESDAY** Chef's Choice  
**WEDNESDAY** Chef's Choice  
**THURSDAY** Chef's Choice  
**FRIDAY** Last Day of School  
 No Lunch Service

**V** Vegetarian  
**SP** Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

