

Albany County School District Middle School

May 6th - May 10th 2019

Our menus are aligned with the USDAs Healthier U.S. School Challenge. Menu is subject to change.



Fruits & Vegetables offered daily with lunch choices.

A variety of fruits & vegetables are offered, including locally grown produce when in season. Low fat or fat free milk & 100% juice included with all meals.

LUNCH PRICES: MS Reduced: \$.40, MS Full Pay: \$ 2.90, Adult Lunch: \$ 3.90

A Variety of Favorites



Daily made-to-order chicken, beef, bean & cheese options with assorted toppings



- MONDAY** Lasagna Roll up w/ Garlic Knots
- TUESDAY** Chili Cheese Fries
- WEDNESDAY** Popcorn Chicken Bowl and Roll
- THURSDAY** Breakfast for Lunch
- FRIDAY** Beefy Mac w/ Dinner Roll

Made-to-Order Deli Sandwiches



A variety of bread, meat & cheese options with assorted vegetable toppings & condiments



- MONDAY** Meatball Sub Special
- TUESDAY** Teriyaki Chicken Special
- WEDNESDAY** Bacon, Lettuce & Tomato
- THURSDAY** Chicken Caesar Sub
- FRIDAY** American Combo



Burgers & Grill

Burgers, grilled cheese & chicken sandwiches with fries offered daily

- MONDAY** Corn Dog w/ Fries
- TUESDAY** Grilled Ham & Cheese w/ Tots
- WEDNESDAY** Bacon Cheeseburger w/ Fries
- THURSDAY** Popcorn Chicken Basket
- FRIDAY** Fish Sandwich w/Tots



Pizza, Flatbread & Stromboli

Cheese & pepperoni pizzas and Caesar salad offered daily

- MONDAY** Ham & Pineapple Pocket
- TUESDAY** Taco Pizza
- WEDNESDAY** Meatlovers Pizza
- THURSDAY** Sausage Pizza
- FRIDAY** Supreme Pizza



Made-to-Order Mexican

Daily made-to-order chicken, beef, bean & cheese options with assorted toppings

- MONDAY** Nachos, Tacos & Burritos
- TUESDAY** Nachos, Tacos & Burritos
- WEDNESDAY** Nachos, Tacos & Burritos
- THURSDAY** Nachos, Tacos & Burritos
- FRIDAY** Nachos, Tacos & Burritos

V Vegetarian
SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

