

Community Resource Guide

Healthcare Services

Department of Family Services (DFS)

3817 Beech Street, Suite 200 (307) 745-7324
Hours: Monday-Friday 8:00 A.M.-5:00 P.M. Assistance:
Assists with Medicaid, Women Infants and Children,
SNAP, LIEAP, etc.

Albany County Public Health

609 S. 2nd St. (307) 721-2561
Hours: Monday-Friday 8:00 A.M.-11:30 A.M. and 1:00
P.M.-5:00 P.M. Assistance: Vaccinations, strep
screening, nurse-family partnerships, etc.

Downtown Clinic

611 S. 2nd St. (307) 745-8445
Hours: Tuesday 9:00am-3:00pm,
Wednesdays 2:00 P.M.-7:00 P.M.,
Thursdays 9:00 A.M. to 1:00 P.M. (Medication Refills
can be picked up on Thursdays from 9:00 A.M.-1:00
P.M., & 5:00 P.M.-6:00 P.M.). Assistance: Free
healthcare to adults with no healthcare.



Stitches Acute Care Center

3810 Grand Avenue (307) 721-1794
Hours: Monday-Friday 8:00-A.M.-8:00 P.M. Saturday
9:00 A.M.-6:00 P.M and Sunday 9:00 A.M.-4:00 P.M.
Assistance: Healthcare for minor emergencies, family
medicine, and women's health. No appointment
necessary.
(307) 721-1794

Grand Avenue Urgent Care

3236 Grand Avenue (307)-760-8602
Hours: Monday-Friday 9:00-A.M.-8:00 P.M. Saturday
9:00 A.M.-6:00 P.M and Sunday 9:00 A.M.-4:00 P.M.
Assistance: Healthcare for minor emergencies, sports
physicals, ex-rays, family medicine, and women's
health. No appointment necessary.

Lions Club

P.O. Box 716
Laramie, WY 82073

(307) 742-5960 (Eyesight Committee Rep)
Assistance: Eye exams and glasses. Pickup an
application at any eye doctor's office or visit with a
school counselor or nurse.

Medicaid

Wyoming Department of Health (307) 777 7531

6101 Yellowstone Road, Suite #210
Cheyenne, WY 82009
Hours: Monday-Friday 9:00am-5:00 pm
Email: www.wesystem.wyo.gov

Housing

Cheyenne Housing Authority

1264 N. 4th St. Laramie, WY (307) 745-4409
Hours: Monday-Friday 10:00 A.M.-5:00 P.M. (out from
12:00 P.M.-1:00 P.M.). Unavailable every Wednesday
from 12:00 P.M.-5:00 P.M. for training.
Assistance: Applications for Section 8 Housing and low-
income housing

Low-Income Housing

See Attached Form for Housing Information

Utility Assistance

Low-Income Energy Assistance Program (Department of Family Services)

3817 Beech Street, Suite 200 (307) 745-7324
Hours: Monday-Friday 8:00 A.M.-5:00 P.M. Assistance:
Help with 3 months of heating costs.
Apply by phone: 1-800-246-4221 or Online:
<http://dfsweb.wyo.gov/economic-assistance/lieap>

Salvation Army

Laramie Interfaith (as of September 13)

712 E Canby St. (307) 742-4240
Hours: Friday 11:00 A.M.-1:30 P.M.
Assistance: Help with utilities only.

Clothing

Goodwill Industries

1575 N. 4th St. (307) 460-9566 Hours:
Monday-Saturday 9:00 A.M. -9:00 P.M.,
Sunday 10:00 A.M.-6:00 P.M.
Assistance: Vouchers available for clothing.



St. Matthews Clothing Cottage

310 E University Ave. (307) 745-0625
Hours: Tuesday-Friday 10:00 A.M. to 5:30 P.M. Saturday
12:00 P.M.-4:00 P.M.
Assistance: Vouchers available for clothing.

Laramie Interfaith

712 E Canby St. (307) 742-4240
Hours: Monday-Friday 11:00 A.M.-6:00 P.M.,
Saturday 12:00 P.M.-2:00 P.M.
Assistance: Provide community resources.

NU2U

320 S. 5th Street (307) 742-3979
Hours: Mon-Sat 10:00 A.M.-7 P.M., Sun 11:00 A.M.-5:00
P.M.
Assistance: Clothes at reasonable cost.

Food Assistance

Laramie Soup Kitchen: Lower level of St. Matthew's Episcopal Cathedral

3rd and Ivinson (307) 460-1609
Hours: Monday-Friday 10:30 A.M.-1:30 P.M.
Assistance: Hot, nutritious meals and to-go items in a
friendly & safe environment.



Department of Family Services (DFS)

3817 Beech St., Suite 200 (307) 745-7324
Hours: Monday-Friday 8:00 A.M.-5:00 P.M.
Assistance: Supplemental Nutrition Assistance Program
(Food Stamps)

Laramie Interfaith

712 Canby St. (307) 742-4240
Hours: Monday-Friday 11:00 A.M.-6:00 P.M., Saturday
12:00 P.M.-2:00 P.M.

USDA Food Commodities: Laramie Interfaith

712 Canby St. (307) 742-4240. Please call Interfaith for
the dates and times each month. Assistance: Food
commodities delivered

Transportation

Laramie Interfaith

712 E Canby St. (307) 742-4240
Hours: Monday-Friday 11:00 A.M.-6:00 P.M.,
Saturday 12:00 P.M.-2:00 P.M.
Assistance: Assists with travel in town on PATS,
emergency bus ticket, vehicle maintenance, etc.



Public Assisted Transportation Assistance

1560 N. 3rd St. (307) 745-1511 Hours: Monday-Friday
8:30 A.M.-3:30 P.M. Assistance: Door-to-door service
within city limits. For those under the age of 60, the
cost is \$3 per one-way ride. For those age 60 and older,
a donation is suggested per ride. Call 24 hours in
advance.

Domestic Violence

Safe Project

319 S Lincoln St. (307) 742-7273
Hours: 8:00 A.M.-3:00 P.M. Assistance: 24-hour crisis
hotline (307-745-3556) emergency services, community
referrals, and advocacy

Social Services

Department of Family Services

3817 Beech St., Suite 200 (307) 745-7324

Social Security Administration

3001 E. Pershing Blvd
1-800-772-1213
Hours: Mon, Tues, Thurs, Fri 9:00 A.M.-4:00 P.M., Wed
9:00 A.M.-12:00 P.M.

Laramie Work Force Center

3817 Beech St., Suite 100 (307) 742-2153

Child Support Services

1771 Centennial Drive, #210 (307) 742-5688

